



## **FrontX Media Coverage Fringe 2019**

16

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559M

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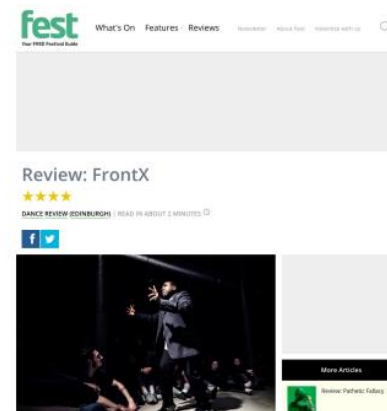
57

AVERAGE DOMAIN AUTHORITY:

86.3K

CIRCULATION:





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## Dance and physical theatre picks at the 2019 Edinburgh Festival Fringe

Kelly Apter

3 July 2019



Including Ali and Alpo, BalletBoyz, Forest, Un Poyo Rojo and more

There's a bumper crop of dance and physical theatre at this year's Fringe. Here are some of the shows we're most looking forward to ...

### SIMILAR ARTICLES

- Edinburgh Festival Fringe 2019: Shows we think will sell out fast** (28 Jun 2019)  
From Rose Matafeo and Craig Ferguson to Gingzilla's cabaret parties, book in these acts from Gilded Balloon, Assembly, Underbelly and Pleasance before they're gone
- The Voice of Things - Toilet Paper**  
★★★★★ (16 Aug 2007)
- ZOO announces their Edinburgh Fringe 2019 programme** (5 Jun 2019)  
The British Council Showcase returns to the Scottish capital alongside a plethora of dance, physical theatre and performance
- Summerhall announces a wealth of music, performance and visual art in 2019 Fringe programme** (16 May 2019)  
Famed multi-arts venue takes on climate change, mental health and indigenous issues in a powerful and diverse festival offering
- The Artist** ★★★★★ (5 Aug 2018)  
A hapless painter isn't as clumsy as he seems in this charmingly irreverent comedy
- Best dance and physical theatre to see at Edinburgh Fringe 2018** (17 Jul 2018)

(EST.) MONTHLY VISITS:

71.3K

(EST.) COVERAGE VIEWS:

231

DOMAIN AUTHORITY:

77

LINKS FROM COVERAGE:

20



500



45



## FRONTX



MILAN EMMANUEL: IN EMBRACING EACH OF THEIR DIFFERE...

Posted by Keira Brown | Jul 10, 2019 | 0



### MILAN EMMANUEL: IN EMBRACING EACH OF THEIR DIFFERENCES, THEY CAN CREATE A BETTER REALITY

by Keira Brown | Jul 10, 2019 | Features, Theatre | 0

FrontX shows a range of international street artists who combine exceptional energy and resilience at the Edinburgh Fringe this summer. Their fascinating personal life stories are the main theme of the show. As spokespersons of our contemporary society, these performers embody the true sense of integration, since the first meaning of the verb to 'integrate' is 'to make complete, whole', and, in so doing, build a complete ensemble. The Fountain spoke with one of the performers, Milan Emmanuel about the show and his plans for the Fringe.

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RATING: 95%

Review: Sarah Jane Morris - Sweet Little Mystery, Fringe 2019

RATING: 86%

Review: I'm A Phoenix Bitch, Fringe 2019

RATING: 87%

Review: Dude York - Falling

RATING: 40%

Review: Josie Long - Tender, Fringe 2019

RATING: 85%

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**The Fountain**  
@FountainReview  
Julian Spooner: After Brexit and Trump, we became increasingly interested in the power of stories [thefountain.eu/features/2019/...](https://thefountain.eu/features/2019/...)



(EST.) MONTHLY VISITS:

4K

(EST.) COVERAGE VIEWS:

702

DOMAIN AUTHORITY:

29





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beyond the Fringe.

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11  
JUL  
2019

## +3 Interview: *FrontX*

posted in *Plus 3 2019 – Features, Written Interviews* by Dan Lentell



**“My shows are all about the edge between the streets and that stage – exactly what I found at the Fringe.”**

**WHO:** Milan Emmanuel: Director

**WHAT:** “FrontX shows a range of international street artists who combine exceptional energy and resilience. Their fascinating personal life stories are the main theme of the show. As spokespersons of our contemporary society, these performers embody the true sense of integration, since the first meaning of the verb to ‘integrate’ is ‘to make complete, whole’, and, in so doing, build a complete ensemble. What interests us most is highlighting their inner motivations and what pushes them to specialise in their unique techniques. How do these atypical individuals transcend their difficulties through their artistic practice?”

**WHERE:** Summerhall – Demonstration Room (Venue 26)

**WHEN:** 15:00 (60 min)

**MORE:** [Click Here!](#)



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**THAT DARING AUSTRALIAN  
GIRL BY JOANNE HARTSTONE  
AVAILABLE NOW ON  
AMAZON!**

(EST.) MONTHLY VISITS: **7.03K**

(EST.) COVERAGE VIEWS: **952**

DOMAIN AUTHORITY: **34**



1





artists from around the world ready to mesmerise and keep you on the edge of your seat.

Pleasance

Elements of Freestyle

ISH Dance Collective

In this adrenaline-fuelled explosion of extreme urban sports, dance, music and theatre, the Netherlands' ISH Dance Collective, create breathtaking poetry with every single moment. *Elements of Freestyle* is about those redeeming seconds that make a complicated trick ultimately succeed; about the freestylers' total focus on the moment, the ecstasy and the feeling of complete and total freedom.

*Elements of Freestyle, Pleasance at EICC – Lennox Theatre, Sat 3–Sun 25 Aug (not 7, 12, 21), 4pm, £14–£17.50 (£10–£14).*

Havana After Dark

Danza Cuba

Ballet by day, salsa by night. The world premiere of a breathtaking new Cuban dance musical. Starring the incredible singer Luna Manzanares, a sensational seven-piece live salsa band, Havana's top female DJ, and gorgeous star dancers from Carlos Acosta's company, Ballet Nacional de Cuba and Ballet Revolucion. Discover the secrets of the world's most sensual city as night falls.

*Havana After Dark, Pleasance at EICC – Lennox Theatre, Mon 5–Sun 25 Aug (not 21), 9pm, £15–£17.50 (£12–£14.50).*



FrontX

Summerhall

FrontX

Cle No Way Back / Milan Emmanuel

*FrontX* shows a range of international street artists who combine exceptional energy and resilience. Their fascinating personal life stories are the main theme of the show. As spokespersons of our contemporary society, these performers embody the true sense of integration.

*FrontX, Summerhall – Demonstration Room, Fri 2–Sat 24 Aug (not 7, 12, 14, 21), 3pm, £9 (£7). Previews Wed 31 Jul, £5 & Thu 1 Aug, £8.*

The Afflicted

Groupwork

Inspired by real events, this new dance-theatre piece tells the story of a mysterious illness that infects a group of young women in small-town America. As the girls and their families search for a diagnosis for their strange affliction, they come face to face with their personal and collective demons.

*The Afflicted, Summerhall – Demonstration Room, Sat 3–Sun 25 Aug (not 12), 7.30pm, £14 (£10). Previews Wed 31 Jul, £5 & Fri 2 Aug, £8.*

Ali and Alpo

Alpo Aaltokoski Company in association with From Start to Finnish

A beautiful wordless dialogue between Iraqi traditional music and Finnish contemporary dance by oud lute virtuoso Ali Alawad and choreographer Alpo Aaltokoski. The piece touchingly brings out the human experience and the consequences of increasingly restrictive asylum policies.

*Ali and Alpo, Summerhall – Old Lab, Tue 6–Sun 25 Aug (not 12, 19), 1.05pm, £10 (£8). Preview Tue 6 & Wed 7 Aug, £8.*



The List

JUL 16 2019

(EST.) MONTHLY VISITS: 71.3K

(EST.) COVERAGE VIEWS: 231

DOMAIN AUTHORITY: 77

LINKS FROM COVERAGE: 12

f 120

t 8



# TOP TIPS | WEEK 1

Some of the best dance, circus and physical theatre shows in the Fringe's first week, in our handy hour-by-hour guide

## 10AM

### TAIWAN SEASON: BOUT

Summerhall, 2–25 Aug (not 5, 12, 19), 10.20am, £12 (£9). **Previews 31 Jul & 1 Aug, £5–£8.** The brothers and co-creators of last year's hit *Bon 4 Bon* return with a new show about fraternal relationships and male bonding. Inspired by the rituals and rhythms of the boxing ring, the Chang brothers explore their strong, yet strained personal connections.

## 11AM

### THE DESK

Summerhall, 2–25 Aug (not 12, 19), 11.35am, £10 (£8). **Previews 31 Jul & 1 Aug, £5–£8.** Director Reetta Honkakoski mines her personal lived experience of a cult in this ensemble piece about the seductive power of discipline, hierarchy, mind control and the search for an ultimate truth.

## 1PM

### ALI AND ALPO

Summerhall, 8–25 Aug (not 12, 19), 1.05pm, £10 (£8). **Previews 6 & 7 Aug, £8.** Lute virtuoso Ali Alawad and choreographer Alpo Aaltokoski perform a wordless dialogue between

Iraqi traditional music and Finnish contemporary dance, contemplating similarities and differences between these two cultures.

### CIRQUE BERSERK!

Pleasance at EICC, 3–25 Aug (not 21), 1.30pm & 6.30pm, £17.50–£19.50 (£13–£15). **Preview 2 Aug, £12.** Returning after its sell-out Fringe debut in 2018, *Cirque Berserk!* is performed by a troupe of acrobats, aerialists, dancers, drummers and stuntmen, combining contemporary cirque-style artistry with adrenaline-fuelled action.

## 2PM

### KOMBINI

Underbelly's Circus Hub, 3–24 Aug (not 13, 20), 2pm, £12.50–£15 (£11.50–£14). Canadian company Les Foutoukours stage this sensitive show about two clowns with aspirations to international fame, but in the meantime are forced to accept a gig at a children's birthday party.

### LOUDER IS NOT ALWAYS CLEARER

Summerhall, 2–25 Aug (not 7, 12, 19), 2.30pm, £10 (£8). **Previews 31 Jul & 1 Aug, £5–£8.** A one-man piece of circus and physical theatre about Jonny, a seemingly-confident deaf man who struggles to find where he belongs in a hearing world, and his desire to dance and sing despite being unable to hear music.



PHOTO: GEORGE PIER

### ONLY BONES 1.0

His body is built the same way as the rest of us, yet when you watch Thom Monckton move it's like he's inhabiting a whole other set of apparatus. After the clever physical buffoonery of Fringe hits *The Pianist* and *The Artist*, Monckton returns with his popular 2016 show *Only Bones*. *Assembly Roxy*, 2–22 Aug (not 12, 19), 8.20pm, £11–£13 (£10–£12). **Previews 31 Jul & 1 Aug, £8.**

### KNOT

*Assembly Roxy*, 2–25 Aug (not 6, 13, 20), 2.45pm, £12–£14 (£11–£13). **Previews 31 Jul & 1 Aug, £10.** Through dance and hand-to-hand circus, Nikki Rummer and JD Broussé

depict the struggles of commitment, and whether we can be honest with ourselves without hurting those we love.

## 3PM

### FRONTX

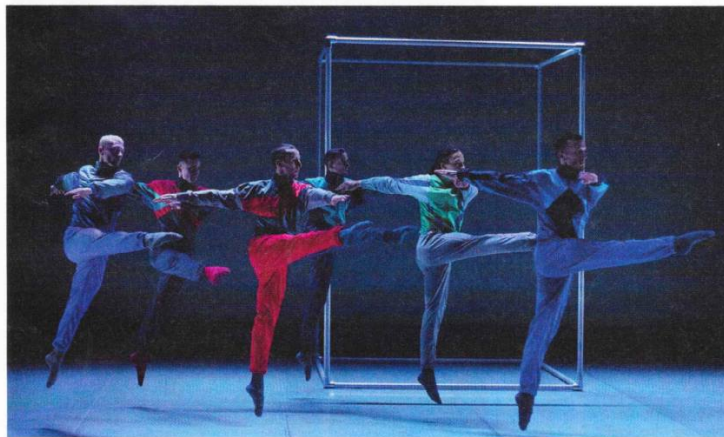
Summerhall, 2–24 Aug (not 7, 12, 14, 21), 3pm, £9 (£7). **Previews 31 Jul & 1 Aug, £5–£8.** International street artists come together as an ensemble to act as a mouthpiece for the concerns of contemporary society, exploring their personal life stories and inner motivations at the same time.

### OCKHAM'S RAZOR: THIS TIME

St Stephen's Theatre, 1–25 Aug (not 6, 13, 20), 3pm, £15.50–£17.50 (£13–£15). New aerial show from the acclaimed company, in which four performers, ranging in age from 13 to 60, are suspended in the air and swung close to the ground in a groundbreaking feat of design and acrobatics.

### DNA

*Assembly George Square*, 3–25 Aug (not 12, 19), 3.15pm, £13–£15 (£12–£14). **Previews 1 & 2 Aug, £10.** From the team that brought you *Knee Deep*, *Driftwood* and *You & I*, Casus Circus performs a combination of acrobatics and physical theatre to explore deeply personal stories, from depression and homophobia to cultural genocide.



### BALLETBOYZ: THEM / US

Not many shows come to the Fringe already equipped with five-star reviews, but this superb double-bill does. An all-male troupe run by former Royal Ballet dancers Michael Trevitt and William Nunn, the BalletBoyz are known for combining physical athleticism with a special kind of grace you can't take your eyes off. *Underbelly Bristo Square*, 2–15 Aug (not 7), 7pm, £16.50–£18.50 (£15.50–£17.50). **Previews 31 Jul & 1 Aug, £12.50 (£11.50).**

## The List - Edinburgh Festival Guide 2019 / 31 July - 7 August

JUL 31 2019

CIRCULATION:

25K





arriving at the Pleasance Courtyard after a sold-out European tour; and Belgian dance show **FrontX** showcasing an ensemble of extraordinary street performers from around the world – including one-legged Iranian-Australian breakdancer Roya the Destroya – at Summerhall.

Contemporary dance is well represented too, with the Scottish premiere of **The Chosen**, from the acclaimed Company Chordelia, among the many Fringe highlights at Dance Base.

More info

- **Atomic Saloon Show** ([www.assemblyfestival.com](http://www.assemblyfestival.com))
- **Danny MacAskill's Drop and Roll Live** ([www.underbellyedinburgh.co.uk](http://www.underbellyedinburgh.co.uk))
- **Fishbowl** ([www.pleasance.co.uk](http://www.pleasance.co.uk))
- **FrontX** ([festival19.summerhall.co.uk](http://festival19.summerhall.co.uk))
- **The Chosen** ([www.dancebase.co.uk](http://www.dancebase.co.uk))

Radical reinventions

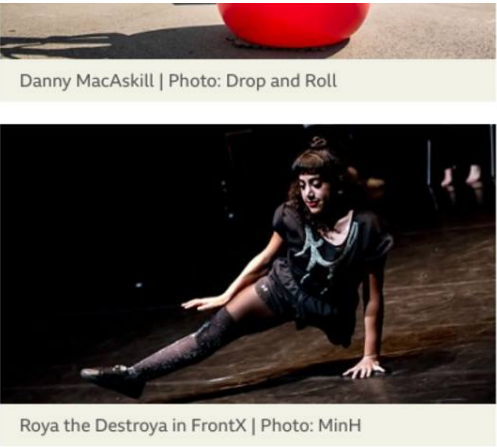


The Crucible | Photo: Nicola Selby

All manner of classic plays, books and films are being adapted, rebooted and reimagined in Edinburgh this year, in events ranging from one-man shows to theatrical extravaganzas.

In **The Crucible**, Scottish Ballet turn Arthur Miller's classic play about the 17th-century Salem witch trials into a gripping narrative ballet. The performances at Edinburgh Playhouse on 3-5 August will be among the highlights of the company's 50th anniversary celebrations.

Scottish Opera will premiere US composer Missy Mazzoli's adaptation of Lars von



Danny MacAskill | Photo: Drop and Roll

Roya the Destroya in FrontX | Photo: MinH



BBC

AUG 2 2019

(EST.) MONTHLY VISITS:

553M

(EST.) COVERAGE VIEWS:

331K

DOMAIN AUTHORITY:

96

LINKS FROM COVERAGE:

2



26



3



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Circus

Family shows

Dance & physical theatre

•PLEASANCE•

SUMMERHALL ZOO

Theatre @ Pleasance

Theatre @ Summerhall

Theatre @ ZOO

FrontX ●●●●●

Yasmin Sulaiman

4 August 2019

SIMILAR ARTICLES

**Everything I See I Swallow ●●●●●**  
 (4 Aug 2019)  
 Feminist ideas collide and combine in intimate aerialist piece

**The Populars ●●●●●** (4 Aug 2019)  
 An energetic celebration of the unifying power of dance

**Deer Woman ●●●●●** (2 Aug 2019)  
 Hard-hitting political work confronts violence and misogyny

**Umbrella Man ●●●●●** (2 Aug 2019)  
 Life on the road with humour

**Passengers ●●●●●** (1 Aug 2019)  
 Confronting trauma as a team

**Rachael Young: 'The work that I create has always been about marginalised people and giving voice'** (31 Jul 2019)  
 Performer, artist and inaugural winner of the Eclipse Award discusses the two challenging shows she's bringing to Edinburgh

**Best dance & physical theatre to see at Pleasance, Summerhall and ZOO** (16 Jul 2019)  
 Highlights include Havana After Dark, Ali and Alpo and Ritualia

**Summerhall announces a wealth of music, performance and visual art in 2019 Fringe programme** (16 May 2019)  
 Famed multi-arts venue takes on climate change, mental health and indigenous issues in a powerful and diverse festival offering

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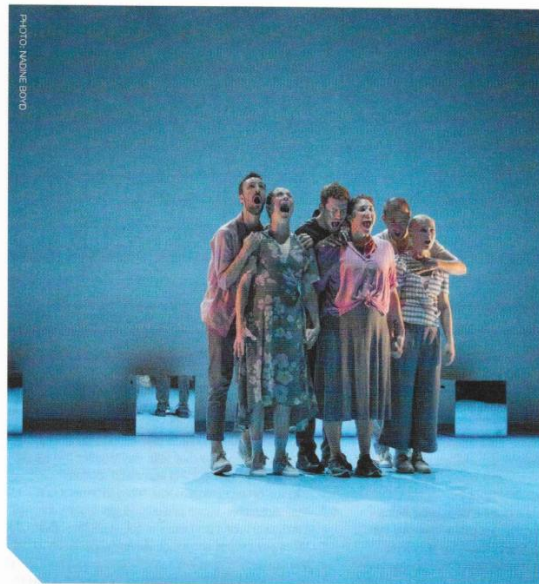
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(EST.) MONTHLY VISITS:	125K
(EST.) COVERAGE VIEWS:	404
DOMAIN AUTHORITY:	77
LINKS FROM COVERAGE:	1

FORTH ON THE



**THE CHOSEN**

Reflection on death proves to be full of life ●●●●●

Choreographer Kally Lloyd-Jones' piece about death and dying opens with the loud throb of a heartbeat. Six dancers sit on mirrored cubes looking relaxed, apparently completely unaware of the sound of life that's booming out of the speakers around them.

Lloyd-Jones wanted to create a work that explores the universal, complex reality of death, following a horrible year where she lost four people, including her best friend. Although *The Chosen* is about dying (the title is a reference to Stravinsky's ballet, *The Rite of Spring*, where the chosen one is sacrificed, but also honoured), what the show mostly focuses on is how people go about the living part, knowing that the dying part is unavoidably in the post.

The movement is often intensely physical; athletic, near-violent, exhilarating spins and falls follow more stationary sections including one sequence where the dancers tap feet, bite nails, sigh impatiently then pace the floor, as if to remind us how much of life is spent waiting for something. That's a long section compared to the brief, beautiful flashes of love; two boys tenderly locked in each other's arms for a few seconds, friends wrapping arms around shoulders or a brief burst of grinning and partying.

The dancers from Glasgow-based Company Chordelia are soaked in sweat by the end, having rippled themselves through swirling patterns of ebbing water as a soundtrack of crashing waves plays, then interlocking limbs and dangling torsos off each other in a clumsy, entangled relationship section, with some incredible paired work. A fast-forwarded section of twitchy, hurried actions is also impressive, another reflection on the passage of time; sometimes dragging, then suddenly speeding by. The subject matter could have made for a maudlin piece, but instead the dancers coax out ideas about how we waste or embrace the time we spend being alive. (Claire Sawers)

■ Dance Base, until 25 Aug (not 12, 19), 5pm, £13 (£11).

**THE DESK**

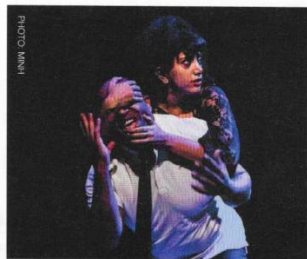
Balletic masterwork of life in a cult ●●●●●

Finnish physical theatre group Roetta Honkakoski Company presents a brilliant piece of wordless storytelling, based on the founder's own experience of a cult. Taking the role of a dictator in this balletic masterwork involving only six desks and a lot of tightly synchronised movement, Honkakoski and the rest of the all-female cast explore group behaviour, totalitarianism, human ego and toxic seduction through corporeal mime.

Watching infighting, backstabbing, sycophancy and narcissism danced out in a series of impressive sequences, while their beloved leader casts a sinister spell over them with manipulative power games, is terrifyingly well done. The subtle creep of power is portrayed with micro movements from Honkakoski while the fear and adulation from her disciples is conveyed with precise patterns of frenzied flicks of hands reading books, or eyes darting about in terror.

The soundtrack is minimal and tense, using simple percussion and melody to build suspense, while the facial expressions, use of the wooden desks and a particularly powerful pas de deux on wheels between the leader and her uniformed lackey make this a very memorable Fringe highlight. (Claire Sawers)

■ Summerhall, until 25 Aug (not 12, 19), 11.35am, £10 (£8).

**FRONTX**

Uplifting cross-artform collaboration ●●●●●

This heartfelt show directed by Belgian breakdance champion Milan Emmanuel is an immersive blend of live art, hip hop, mime and classical singing. Six international artists – all of whom Emmanuel met while working as a street performer – weave their stories together to create an empowering tale that celebrates resilience and a passion for performance.

We are introduced to Micael, a talented b-boy who moved to Belgium from the Ivory Coast as a teenager; Slowmotion Phax, who was part of the first generation of hip hop artists in France in the 1970s; Kosovan burlesque dancer Hello Shelly, who confronts ideas of femininity through pole dancing and Thai boxing; and Iranian-Australian Roya the Destroya, a dancer and actress born with one leg.

Their movements are soundtracked by Walloon singer Aurélie Castin, whose style spans opera to jazz and R&B, and Big Ben, who has twice been crowned Belgium's Champion of Beatboxing. Their musical offerings elevate the show; Big Ben's beatboxing in particular is seriously impressive. And while the transitions feel clunky in places, ultimately *FrontX* is an uplifting hour of movement, music and story. (Yasmin Sulaiman)

■ Summerhall, until 24 Aug (not 12, 14, 21), 3pm, £9 (£7).

**STEVE REICH PROJECT**

Curious hybrid of movement and music ●●●●●

Belgian director, choreographer and visual artist Isabella Soupard collaborated with the members of MP4 Quartet for this intermittently effective hybrid production. The work draws on three Steve Reich compositions: 'Different Trains', a propulsive and layered evocation of his Jewish-American childhood during World War Two; 'WTC 9/11', pinned to the September 11 terrorist atrocities; and, sandwiched in between, 'Pendulum Music.'

In the first and longest section, a dancer (Shantala Pépe) dashes sharply around the stage, sometimes speaking – largely unintelligibly – into a microphone. Meanwhile the expressionless players saw away at their instruments while also shifting location depending on where Pépe positions their music stands. The action is pretty po-faced and Teutonic, qualities that mark the performance as a whole.

Excellent musicianship is the saving grace, along with Kurt D'Haeseleer's eerily distressed video of people who appear to be progressing forward on a beach at an alarmingly slanted angle. Near the close, there's also a welcome apothecosis of sorts, as Pépe spins as if trying to understand what has happened to herself and the world. (Donald Huterer)

■ Dance Base, until 18 Aug (not 12), 7.20pm, £13 (£11).

# The List - Edinburgh Festival Guide 2019 / 7 - 14 August

AUG 7 2019

CIRCULATION:

25K



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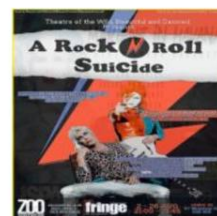
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## Street Theatre Performers in Vibrant Show FrontX: Jo Tomalin talks to Roya the Destroya, Phax Said Cheik Ahamada and Hello Shelly about their acts and how they came together in one show



Roya the Destroya, Phax Said Cheik Ahamada and Hello Shelly are three of the six international hip hop/breakin' street theatre performers performing in one show. Jo Tomalin talks to them about their specific acts and how they came together to perform in FrontX.

[Roya the Destroya, Phax Said Cheik Ahamada and Hello Shelly](#)



(EST.) MONTHLY VISITS:

9.16K

(EST.) COVERAGE VIEWS:

726

DOMAIN AUTHORITY:

41

LINKS FROM COVERAGE:

30





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## Edinburgh Fringe 2019

## FrontX

Cie No Way Back / Milan Emmanuel

FringeReview  
**HIGHLY RECOMMENDED  
SHOW**

Genre: [Breakin'](#), [Dance](#), [Hip Hop](#), [Physical Theatre](#), [Theatre](#)Venue: [Summerhall](#)Festival: [Edinburgh Fringe](#)

## Low Down

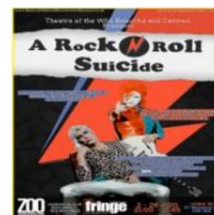
*"FrontX shows a range of international street artists who combine exceptional energy and resilience. Their fascinating personal life stories are the main theme of the show. What interests us most is highlighting their inner motivations and what pushes them to specialise in their unique techniques."*

## Review

An ensemble of six performers – all very different – tell their stories and perform their specialist skills.

One arrives carrying an interesting prop – he starts to beat box and loop his explosive vocal sounds until it sounds like several people are contributing. Immediately this is intriguing. One with hyper fluid movement moves across the stage in rhythmic undulations. Then another performer arrives and starts break dancing, three others appear and burst into movement, it's exciting stuff!

Milan Emmanuel, Director of FrontX and based in Belgium is an accomplished break dancer and he has collaborated on theatre projects with several renowned directors. He has brought together these artists and created an entertaining show that is fresh, charming and dynamic. Each performer's individuality is especially interesting – and they all seem to



(EST.) MONTHLY VISITS:

9.16K

(EST.) COVERAGE VIEWS:

726

DOMAIN AUTHORITY:

41

LINKS FROM COVERAGE:

30



47







(EST.) MONTHLY VISITS:

**1.98K**

(EST.) COVERAGE VIEWS:

**141**

DOMAIN AUTHORITY:

**42**



**22**

## Review: FrontX



**DANCE REVIEW (EDINBURGH)** | READ IN ABOUT 2 MINUTES ⌚



FrontX

Photo by Milan Emmanuel

By **George Sully**

PUBLISHED 12 AUG 2019

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Review: Pathetic Fallacy



Review: Kieran Boyd –  
Crashing The Party



Review: Taiwan Season:  
Monster



12pm

Hula

103-105 West Bow

With its varied collection of sourdough sandwiches, smoothie bowls, salads and made-to-order juices, the bright and breezy Hula is perfect if you're feeling a bit rough after going a bit too hard last night.



3pm – 4pm

FrontX

Summerhall – Demonstration Room

A range of international street artists is given the space to tell their own stories in No Way Back Company's *FrontX*, which interweaves an extremely diverse cast into a bellowed statement of intent.



4.15pm – 5.15pm

James McNicholas: *The Boxer*



Review: Community Circle



Review: Cruel Intentions:  
The '90s Musical

Fest Mag

AUG 14 2019

(EST.) MONTHLY VISITS: 1.98K

(EST.) COVERAGE VIEWS: 141

DOMAIN AUTHORITY: 42



# A Perfect Day

Overwhelmed by choice? Allow Fest to guide you through a perfect day out in Edinburgh



## Hula

12pm  
103-105 West Bow

With its varied collection of sourdough sandwiches, smoothie bowls, salads and made-to-order juices, the bright and breezy Hula is perfect if you're feeling a bit rough after going a bit too hard last night.



## James McNicholas: The Boxer

4.15pm - 5.15pm  
Pleasance Courtyard

A brisk walk down the hill will get you to James McNicholas' show, about his grandfather Terry "The Paddington Express" Downes, a former world boxing champion. He belts out some seriously funny jokes.



## FrontX

3pm - 4pm  
Summerhall - Demonstration Room

A range of international street artists is given the space to tell their own stories in No Way Back Company's *FrontX*, which interweaves an extremely diverse cast into a bellowed statement of intent.



## Ting Thai Caravan

7pm  
8-9 Teviot Pl

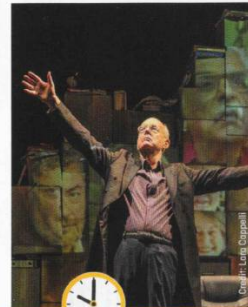
Totally affordable, incredibly tasty and more than a little exciting, Ting Thai Caravan is perfect if you're in the mood for some street food. More variety and quality than you can shake a chopstick at.



## Suzi Ruffell: Dance Like Everyone's Watching

8.30pm - 9.30pm  
Pleasance Courtyard

Ruffell focusses on the two most important things in her life: her fiancée and her mum. And she draws out an absolutely confident, hilarious hour.



## Trying It On

10pm - 11.20pm  
Traverse Theatre

Asking how his generation of peace-and-love radicals could have voted for Brexit, David Edgar's inventive one-man show sees the 71-year-old playwright in conversation with his younger self to investigate what happened.

7

Perfect Day



fest

Fest Mag - 16 to 19 August

AUG 16 2019

CIRCULATION:

20K

Perfect Day

6

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## Dance, Physical Theatre & Circus Review: FrontX Summerhall (Venue 26), Edinburgh



3 star

By  
**KELLY APTER**  
Email

Published: 11:48  
Tuesday 20 August 2019

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89



4





**DANCE, PHYSICAL THEATRE  
& CIRCUS**

**FrontX**

Summerhall (Venue 26)



The staging and structure could use a little polish and upgrade, but the heart of this multi-artform show is

vibrant and beating. Six artists, each with their own unique skill and style, join forces to celebrate the resilience they've all displayed in their lives so far. Their different ages, ethnicities, shapes and sizes mean they cut a wonderfully diverse dash standing in a row on stage.

Slowmotion Phax from

Madagascar does what his name suggests – moves slowly – and his rendition of a snail attempting to cross the MS is priceless. Big Ben lends a hand, soundtracking the venture with his skilful beatboxing. Hip hop dancer Roya the Destroya (so called because she “destroys people with her smile”) proves that

having one leg needn't curb your ambition, dancing with a bouncy athleticism then helping the audience find a little extra self-love.

Performance artist Hello Shelly recalls, and partially recreates, a previous live art show, inviting audience members to draw on her flesh. Breakdancer Micael

Anigbe from the Ivory Coast vows with his windmills, then disarms us with tales of his father. And soprano singer Aurélie Castin touches us all with her operatic beauty. A refreshing, fun hour that deserves expansion and investment.

**KELLY APTER**

Until 24 August. Today 3pm

**The Scotsman**

**AUG 20 2019**

CIRCULATION:

**16.3K**







# Fest's 2019 Edinburgh Round-Up: Best of Dance, Physical Theatre and Circus

*The dance, physical theatre, and circus shows that stood above the rest*

FEATURE (EDINBURGH) | READ IN ABOUT 4 MINUTES ⌚



Trisha Brown  
Photo by Gaelle Beri

(EST.) MONTHLY VISITS: **1.98K**

(EST.) COVERAGE VIEWS: **141**

DOMAIN AUTHORITY: **42**



79



18

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